

From: brain ambulance [deb@brainambulance.com.au]
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December 1st 2011 Fortnightly News Email Edition 8



MHFA – Brain Ambulance is currently running MHFA for workplaces, communities and groups. On occasion, an individual may wish to complete the training but cannot access it through a workplace or group course. We have a colleague running MHFA where individual places can be purchased. The next set of dates for this are **5th & 12 December and 21st & 22nd January 2012**. If you require costs and details, please email deb@brainambulance.com.au If you require costs and details.

Pause for a Ponder –

Continuing Professional Development Points – Teachers – Did you know that Youth MHFA and MHFA can be completed to gain professional development hours! We can present the training in a variety of combinations including a Pupil Free day + a Saturday or over four nights.



Coming in 2012 – Keeping Sane[®] for Seniors – Our **Keeping Sane[®]** series is going from strength to strength.

✓ **Definitely Recommended** - www.goodtherapy.com.au – I stumbled over this website and found it very well done. It gives advice about what you can look for and expect in a therapist and also gives a list of professionals in each state.

Please email 'unsubscribe' if you do not wish to receive this newsletter
See you in your inbox on Dec 1st for Brain Matters Edition 8

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